



# SATHYA NARAYANAN PATMANATHAN, PhD

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## Trainer Profile

Dr. Sathya is a highly accomplished research and critical-thinking coach with a diverse background and a strong record of professional and academic achievements. He actively guides young students and working professionals, helping them unlock their research potential and refine their critical thinking skills. With a rich history in the academia, pharmaceutical, finance, and wellness industries, Dr. Sathya offers a unique blend of real-world insights and cutting-edge research applications to people.

With a Ph.D. in Cellular and Molecular Biology and a Bachelor's degree in Biomedical Science, along with a Diploma in Modern Applied Psychology and certification as a yoga instructor, Dr Sathya incorporates research techniques and critical thinking skills in solving problems and making evidence-based decisions in education, business, health, and personal development.

Dr. Sathya's impact is further underscored by his publication history, with ten articles published in international peer-reviewed journals, which have garnered over 160 citations. He has worked at the University of Malaya, the number one university locally, and has been employed as a Research Fellow in two top universities in Asia – National University of Singapore and Nanyang Technological University. He leverages his experience and qualifications to foster an environment of curiosity, critical inquiry, and transformative learning in his coaching practice. Whether you're striving to master research methodologies, sharpen your critical thinking skills, tackle complex problems, or make informed decisions, Dr. Sathya is well-equipped to guide and empower you on your path to success.

## Expertise

- Project Management
- Research Methods
- Data Collection
- Data Visualization



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- Critical Analysis
- Data Presentation (Verbal & Written)
- Literature Search
- Market Research
- Postgraduate Education
- Complex Problem Solving
- Informed Decision- Making

