


LOHITH G UDYAWAR


MASTER TRAINER | LIFE COACH | CAREER COUNSELLOR | NLP & MINDFULNESS PRACTITIONER


With over 12 years of experience Lohith is an ICF-CCE Certified Life and Executive Coach, a Certified Corporate Behavioural Trainer using DISC, International Certified Career Coach, Certified Career Coach & Counsellor (Counsellor Council of India™ (Cci), Ministry of Labour & Employment, GOI), NLP & Mindfulness Practitioner, Master Trainer & Mentor.

He worked in the Training, Coaching and Content division of Indian Leadership Academy and headed the Internship as their Mentor. He mentored 200+ aspiring trainers and coaches during his tenure at Indian Leadership Academy.

He has worked in different domains with multiple MNC companies and headed L&D, Quality and Operations. He has delivered 20000 plus hours of training programs to 3500 plus professionals. Lohith hosted multiple public programs and also gave guest lectures in schools and colleges on skill development and value-added education.

 Arekere Mico
Layout,
Bannerghatta Main
Road, Bengaluru-76

 +91-849-585-7245

 thelohithg@gmail.com
[info@lohithgudyawar.co](mailto:info@lohithgudyawar.com)
m

Social Handles
LinkedIn: [lohithg](#)
Twitter: [lohithgudyawar](#)
Instagram: [lohithgudyawar](#)
YouTube: [LohithG Master Trainer](#)
FB Page: [lohithgudyawar](#)



With rich experience in Learning & Development domain, Lohith has the thorough acumen on the corporate training and coaching needs and conducting Public & Corporate workshops. This immensely helps him to dynamically structure and design all his programs to high standards. He is passionate about creating development programs, Leadership programs, Goal Setting, Team Management and Ownership, Mindful Life Skills, Telephone Customer Service Programs, Oratory Skills and develops competency and skill sets in an individual to perform effectively and efficiently in their field. He is able to deliver what is expected out of training in a simple and professional way.

He is the go-to expert in Gamified Learning and content development, design LMS content, Micro-Learning, Global Facilitation techniques, and Virtual Facilitation Tools, etc.

He provides one-on-one Coaching on Career, Transition Coaching and Mindfulness for individuals and executives.

Lohith has worked with companies such as Andromeda Marketing Pvt Ltd., Mphasis, HGS, D2V Software Solutions, Zenith Software Pvt Ltd. & Indian Leadership Academy.

