



# SHIWANI

## TRAINER

### ABOUT ME

Experienced NLP Master Practitioner with 5 years of expertise in training on mindfulness, emotions, and mindset. Dedicated to fostering personal growth, I create collaborative spaces for individuals to explore and reshape their thought patterns. My approach combines NLP techniques with empathy, providing practical tools for lasting transformation



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INSTAGRAM  
@SHIWEYY  
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### ACADEMIC HISTORY

**TAYLOR'S UNIVERSITY**  
2020 - 2023

**AMERICAN BOARD OF NLP**  
2019

### WORK EXPERIENCE

**FREELANCE | LIFE COACH**  
MAR 2019 - PRESENT

**METEROIC SOLUTIONS**  
AUG 2022 - PRESENT

**VENUS CORPORATION**  
NOV 2023 - FEB 2024

### SKILLS

MINDFULNESS TRAINING  
EMOTIONAL INTELLIGENCE  
MINDSET COACHING  
GUIDED MEDITATION  
CREATE PROGRAM