

Sushma Sadalage



Name - Sushma Sadalage
Occupation **Soft Skills Trainer**
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Location - Bangalore, India
Modes - Online or Bangalore area

Background – Having 14 yrs. of corporate experience with IT MNC.

M.S in Software Engineering, BITS Pilani, Bachelor of Computer Applications.

I have travelled to Europe, Australia and Singapore in my IT career.

I believe in learning something new every day. My passion is teaching, reading books, dancing and she loves creating crafts, cakes and sharing her knowledge on soft skills with videos.

Apart from being trained with NABET certified Train the Trainer, SQA certified Soft skills specialist, I have also attended lot of webinars and sessions on personal development with international authors and believe learning is a never-ending journey.

Trainings conducted on – Corporate/Campus Trainings on:

Goal Setting, Transactional Analysis,
Emotional Intelligence, Interview Skills,
Team Winning, Body Language, Vocal Verbal Skills, Leadership skills,
Time and Stress Management,
Etiquette for Social and business arena, public speaking,
Interpersonal relationship skills, Conflict Management,
Attitude development.

Favourite Books – Thomas Harris - I am ok You are Ok, Alan Pease – Body Language

YouTube Channel name – **Soft Skills with Sushma**

<https://www.youtube.com/channel/UCJzRG9-VCyePY-IEltgj6kA>