



# GAN XIN YEE

## Nutritionist

- Qualified nutritionist who employs coaching, consultation, and wellness challenges to personalize strategies and holistic approaches, guiding clients towards optimal well-being.
- HRD Corp Trainer who conducts transformative nutrition workshops for organisations, integrating various health pillars.
- Organises and manages wellness-related programs and events focused on chronic disease prevention, sub-optimal health conditions management, and informed decision-making.

## Contact

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- 📍 | Taman Seputeh, Kuala Lumpur

## Education

### ● BSc (Hons) Nutrition with Wellness

May 2017 - May 2021 | CGPA: 3.77  
UCSI University

### ● BSc (Hons) Nutrition with Wellness

May 2016 - May 2017 | CGPA: 3.83  
UCSI University

## Language

- **English** - Full Professional Proficiency
- **Mandarin** - Native Proficiency
- **Bahasa Malaysia** - Professional Working Proficiency

## Experience

### ● Operations and Nutrition Executive

Fitxcapes Sdn Bhd (Engage Life) Jun 2023 - Present

- Guide individuals in their wellness journey through coaching, consultation and wellness challenges
- Deliver nutrition knowledge through workshops, talks, infographics and videos
- Wellness program planning and management

### ● Nutritionist

Ruyi Trading Sdn Bhd Nov 2021 - Jun 2023

- Conduct health screening, anthropometric and wellness assessments for general public and postpartum parents
- Conduct health talks & assist in event planning
- Educational materials production
- Handle clients' wellness inquiries & convert lead into sales by recommending suitable treatments

### ● Intern Nutritionist

National Cancer Society Malaysia Mar - May 2021

- Educational materials production
- Assist in cancer awareness program
- Conduct diet consultation

### ● Intern Nutritionist

Penang Adventist Hospital Sept - Nov 2019

- Events planning: Dance with Diabetes, Pink October Cancer Awareness, Cooking Demonstration
- Public health screening and diet consultation
- Educational material production

### ● Intern Nutritionist

Ajinomoto (M) Berhad Sept - Nov 2018

- Manage Ajinomoto Healthy Living Project
- Educational materials production
- Review food defence system